

DHARMARAM VIDYA KSHETRAM

First Semester Timetable 2024-2025

I MASC

		9.15 – 10	10.5 – 10.50	11.10-11.55	12.00-12.45	2.00-2.45	2.50-3.35	
JUNE 2024								
03	Mon	Inauguration of the academic year						
04	Tue	10 a.m. - Vinayasadhana Orientation						
05	Wed	Ac. Sp.	Ac. Sp.	F. H. Beh	F. H. Beh	<i>Library Hour</i>	<i>Library Hour</i>	
06	Thu	Ac. Sp.	Ac. Sp.	F. H. Beh	F. H. Beh	<i>Library Hour</i>	<i>Library Hour</i>	
07	Fri	Holiday: Sacred Heart of Jesus						
10	Mon	F. H. Beh	F. H. Beh	F. H. Beh	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>	
11	Tue	F. H. Beh	F. H. Beh	F. H. Beh	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>	
12	Wed	F. H. Beh	F. H. Beh	F. H. Beh	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>	
13	Thu	F. H. Beh	F. H. Beh	F. H. Beh	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>	
14	Fri	F. H. Beh	F. H. Beh	F. H. Beh	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>	
17	Mon	Ac. Sp.	Ac. Sp.	F. H. Beh	F. H. Beh	Methodology	Methodology	
18	Tue	Ac. Sp.	Ac. Sp.	F. H. Beh	F. H. Beh	Methodology	Methodology	
19	Wed	Ac. Sp.	Ac. Sp.	F. H. Beh	F. H. Beh	Methodology	Methodology	
20	Thu	Ac. Sp.	Ac. Sp.	F. H. Beh	F. H. Beh	Methodology	Methodology	
21	Fri	Ac. Sp.	Ac. Sp.	Case Conf	Case Conf	Methodology	Methodology	
24	Mon	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>	
25	Tue	Chavara Lectures						
26	Wed	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>	
27	Thu	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>	
28	Fri	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	LCA Inauguration		
JULY 2024								
01	Mon	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>	
02	Tue	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>	
03	Wed	Holiday: St Thomas, the Apostle of India						
04	Thu	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>	
05	Fri	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>	
08	Mon	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	Ac. Sp.	Ac. Sp.	
09	Tue	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	Ac. Sp.	Ac. Sp.	
10	Wed	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	Ac. Sp. (JC)	Ac. Sp. (JC)	
11	Thu	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	Ac. Sp. (JC)	Ac. Sp. (JC)	
12	Fri	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	Ac. Sp. (JC)	Ac. Sp. (JC)	
15	Mon	Int. Hsp.Psf	Int. Hsp.Psf	F.H. Devp	F.H. Devp	<i>Library Hour</i>	<i>Library Hour</i>	
16	Tue	Holiday: Our Lady of Mount Carmel						
17	Wed	Int. Hsp.Psf	Int. Hsp.Psf	F.H. Devp	F.H. Devp	<i>Library Hour</i>	<i>Library Hour</i>	
18	Thu	Int. Hsp.Psf	Int. Hsp.Psf	F.H. Devp	F.H. Devp	<i>Library Hour</i>	<i>Library Hour</i>	
19	Fri	Int. Hsp.Psf	Int. Hsp.Psf	Case Conf	Case Conf	<i>Library Hour</i>	<i>Library Hour</i>	

22	Mon	Int. Hsp.Psf	Int. Hsp.Psf	F.H. Devp	F.H. Devp	<i>Library Hour</i>	<i>Library Hour</i>		
23	Tue	Int. Hsp.Psf	Int. Hsp.Psf	F.H. Devp	F.H. Devp	<i>Library Hour</i>	<i>Library Hour</i>		
24	Wed	Int. Hsp.Psf	Int. Hsp.Psf	F.H. Devp	F.H. Devp	<i>Library Hour</i>	<i>Library Hour</i>		
25	Thu	Int. Hsp.Psf	Int. Hsp.Psf	F.H. Devp	F.H. Devp	<i>Library Hour</i>	<i>Library Hour</i>		
26	Fri	Int. Hsp.Psf	Int. Hsp.Psf	F.H. Devp	F.H. Devp	<i>Library Hour</i>	<i>Library Hour</i>		
29	Mon	F.H. Devp	F.H. Devp	Int. Hsp.Psf	Int. Hsp.Psf	<i>Library Hour</i>	<i>Library Hour</i>		
30	Tue	F.H. Devp	F.H. Devp	Int. Hsp.Psf	Int. Hsp.Psf	<i>Library Hour</i>	<i>Library Hour</i>		
31	Wed	F.H. Devp	F.H. Devp	Int. Hsp.Psf	Int. Hsp.Psf	<i>Library Hour</i>	<i>Library Hour</i>		
AUGUST 2024									
01	Thu	F.H. Devp	F.H. Devp	Int. Hsp.Psf	Int. Hsp.Psf	<i>Library Hour</i>	<i>Library Hour</i>		
02	Fri	Sramadan Day for Faculty of Theology, Vinayasadhana & IOCL							
05	Mon	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	Acade Writ	Acade Writ		
06	Tue	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	Acade Writ	Acade Writ		
07	Wed	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	Acade Writ	Acade Writ		
08	Thu	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	Acade Writ	Acade Writ		
09	Fri	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	Acade Writ	Acade Writ		
12	Mon	Psychometry	Psychometry	Theory & Tech	Theory & Tech	Bib. Spiritu	Bib. Spiritu		
13	Tue	Psychometry	Psychometry	Theory & Tech	Theory & Tech	Bib. Spiritu	Bib. Spiritu		
14	Wed	Psychometry	Psychometry	Theory & Tech	Theory & Tech	Bib. Spiritu	Bib. Spiritu		
15	Thu	Holiday: Assumption of Our Lady & Independence Day							
16	Fri	Psychometry	Psychometry	<i>Case Conf</i>	<i>Case Conf</i>	Independence Day Celebrations			
19	Mon	TM.Zen Med	TM.Zen Med	Bib. Spiritu	Psychometry	Theory & Tech	Theory & Tech		
20	Tue	TM.Zen Med	TM.Zen Med	Bib. Spiritu	Psychometry	Theory & Tech	Theory & Tech		
21	Wed	TM.Zen Med	TM.Zen Med	Bib. Spiritu	Psychometry	Theory & Tech	Theory & Tech		
22	Thu	Postgraduate Seminar							
23	Fri	TM.Zen Med	TM.Zen Med	Bib. Spiritu	Psychometry	Theory & Tech	Theory & Tech		
26	Mon	TM.Zen Med	TM.Zen Med	Bib. Spiritu	Psychometry	Theory & Tech	Theory & Tech		
27	Tue	TM.Zen Med	TM.Zen Med	Bib. Spiritu	Psychometry	Theory & Tech	Theory & Tech		
28	Wed	TM.Zen Med	TM.Zen Med	Bib. Spiritu	Psychometry	Theory & Tech	Theory & Tech		
29	Thu	TM.Zen Med	TM.Zen Med	Bib. Spiritu	Psychometry	Theory & Tech	Theory & Tech		
30	Fri	TM.Zen Med	TM.Zen Med	Bib. Spiritu	Psychometry	Theory & Tech	Theory & Tech		
SEPTEMBER 2024									
02	Mon	Bib. Spiritu	Bib. Spiritu	Theory & Tech	Theory & Tech	Psychometry	Psychometry		
03	Tue	Bib. Spiritu	Bib. Spiritu	Theory & Tech	Theory & Tech	Psychometry	Psychometry		
04	Wed	Bib. Spiritu	Bib. Spiritu	Theory & Tech	Theory & Tech	Psychometry	Psychometry		
05	Thu	Bib. Spiritu	Bib. Spiritu	Theory & Tech	Theory & Tech	Psychometry	Psychometry		
06	Fri	Bib. Spiritu	Bib. Spiritu	Theory & Tech	Theory & Tech	Pope's & Teachers' Day			
09	Mon	Theory & Tech	Theory & Tech	Theory & Tech	Psychometry	Psychometry	Psychometry		
10	Tue	Theory & Tech	Theory & Tech	Theory & Tech	Psychometry	Psychometry	Psychometry		
11	Wed	Theory & Tech	Theory & Tech	Theory & Tech	Psychometry	Psychometry	Psychometry		
12	Thu	Theory & Tech	Theory & Tech	Theory & Tech	Psychometry	Psychometry	Psychometry		
13	Fri	Theory & Tech	Theory & Tech	<i>Case Conf</i>	<i>Case Conf</i>	Psychometry	Psychometry		

16	Mon	Theory & Tech	Theory & Tech	<i>Library Hour</i>	Psychometry	Psychometry	Psychometry
17	Tue	Theory & Tech	Theory & Tech	<i>Library Hour</i>	Psychometry	Psychometry	Psychometry
18	Wed	Theory & Tech	Theory & Tech	<i>Library Hour</i>	<i>Library Hour</i>	<i>Library Hour</i>	<i>Library Hour</i>
19	Thu	Theory & Tech	Theory & Tech	<i>Library Hour</i>	<i>Library Hour</i>	<i>Library Hour</i>	<i>Library Hour</i>
20	Fri	Study Leave begins					
24	Tue	Semestral exams begin					

- Ac. Sp (Academic Spirituality, History): Frs. Peter Kochalumkal and Jose Chennattuserry
- Bib. Spiritu (Foundations of Biblical Spirituality and OT Perspectives): Fr. Antu Nayankara
- F.H.Beh (Foundations of Human Behaviour aand Development-I): Fr. Wilson Chakkyath
- F.H. Devp (Foundations of Human Behaviour and Development-II): Fr. Jobi Thomas Thurackal
- Int. Hsp. Psf (Introduction to Holistic Spirituality and Psycho-spiritual Formation): Fr. Jobi Thurackal & Fr. Mathew Maniampra
- Methodology: Vinayasadhana Team
- P & C. Form (Prospects & Challenges of Formation) Fr. Peter Mascarenhas
- Psychometry: Ms. Caroline Gauri
- Theory and Tech (Theories and Techniques in Counselling): Fr. Jobi Thomas Thurackal
- TM.Mind.Med (Transformative Meditation – Mindfulness Meditation): Fr. Anil Thalakkottur
- TM.Yoga & Int (Transformative Meditation -Yoga & Integration): Fr. Anto Mundanmany
- TM.Zen Med (Transformative Meditation – Spiritual Interiorization): Fr Varghese Puthuparampil
- Every First Monday - **Holy Hour** at 6.45pm; Last Thursday – **Community Eucharistic Celebration** at 6.15am and **Community Get-together** at 8.45pm